



News from
ALDERWOOD
CARE HOME

Dear friends,

We enjoyed the Christmas festivities and have been reflecting on the love, laughter and memories made over the past year. We hope you enjoy our round up of the past few months.



Jingle all the way!

Oh, what fun we had celebrating the festive season at Alderwood. We all had a lovely time at our Christmas party, where we had our official lights switch on. The afternoon was made extra special by a visit from Father Christmas, Mrs Claus, and a couple of their reindeer. Our residents loved meeting the reindeer, it was wonderful to see the looks of delight on their faces as the animals trotted through the home. Thank you to everyone who joined us for our Christmas celebrations at Alderwood.

Great British Care Awards



We were delighted to be Highly Commended at the Great British Care Awards 2023 for our end of life care. We believe that being part of someone's life, including the end of their life, is a privilege. Our team is specially trained in, and devoted to, ensuring all of our residents' lives are meaningful, fulfilling and personalised to them.





Passionate skier returns to the slopes

One of our residents got a birthday to remember in October, as he celebrated his 86th birthday by hitting the slopes at the Snow Centre. A keen skier, Neil had not participated in the sport in over 12 years, since he had a stroke which greatly affected his health and physical abilities. Our lifestyle team arranged for Neil to celebrate his birthday in style, with a 90-minute ski lesson with Disability Snowsports UK. We're really passionate about ensuring our residents can maintain their hobbies but also that they get to enjoy new experiences with us. The excitement and pure exhilaration on Neil's face was a joy to see, and we are already planning his next ski lesson!



We will remember them

It was a beautiful service at the Colchester War Memorial for Remembrance Sunday. A big thank you to FaNs Network for ensuring we had seats and giving our Lady Auriol Ashworth the honour of laying a wreath. Everyone appreciated having the opportunity to pay tribute to all those who have served our nation in war, conflict and in peacekeeping operations.

With love,
Nikki Leaney
Home Manager

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We always love reading your comments on Facebook!
Here are a few recent ones:

“Well done Alderwood for making everything special for your residents.” Carol

“You are an amazing group of people. Heartfelt thanks.” Nicolette

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