

# News from ALDERWOOD CARE HOME

Dear Friends

As Spring dawns and the country slowly emerges from lockdown, we wanted to share with you the good times we have enjoyed so far this year.



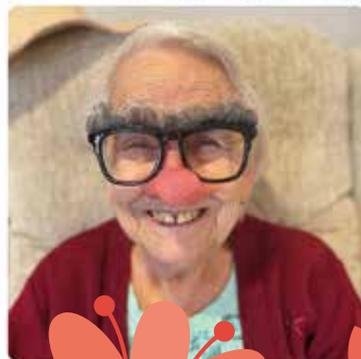
## A time to celebrate

The new year brought with it some wonderful celebrations and culinary feasts. Love was in the air on Valentine's Day when we enjoyed a delicious three-course meal beautifully crafted by our talented chefs. World Book Day saw us host a magical Alice in Wonderland themed tea party where we decorated the lounge with playing cards and balloons. Our residents also had fun hosting an elegant French evening where we listened to classical music and dined on a traditional meal of Coq au Vin and Tarte au Citron, with a crisp glass of Sauvignon Blanc to accompany! And of course, we absolutely love to celebrate birthdays, no matter the milestone. These joyous gatherings aren't complete without a stunning cake and a drop of fizz!

## Days filled with laughter



With a jam-packed schedule of fun activities, every day at Alderwood is a chance for our residents to try something new. We have been mastering the art of the self-portrait and creating some detailed and true-to-life pencil drawings. We had a great time hosting our very own 'Penny Market' which brought back so many happy memories of local village fetes. We have also been enjoying our Sunday Sing-a-longs, where we don our silliest accessories from glitter wigs to funny noses for our favourite karaoke tracks. It's true what they say; there's never a dull moment at our happy home.



# A wonderful Mother's Day

This year we thoroughly pampered the mothers amongst us! The day began with a relaxing morning where each resident received flowers and opened cards from loved ones. We were overwhelmed with the amount of stunning bouquets that were delivered; our home looked like a florists! Our team members artfully adorned the dining room with beautiful Mother's Day decor while the ladies dressed up in their Sunday finest. Then there were glasses of bubbly all round as we settled down for an afternoon cream tea. It certainly was a Sunday Funday!



# A very hoppy Easter

Our Easter celebrations lasted all week long to the delight of our residents who had the time of their lives playing themed party games such as Pin the Tail on the Easter Bunny and decorating bonnets to wear, while sipping on a glass of Prosecco, of course. On Easter Sunday itself, the Easter bunny visited with her friend, the extravagantly dressed Easter Fairy, and delivered chocolate eggs to everyone's rooms that had been kindly donated by our local 'Friends and Neighbours Network' here in Colchester! So while Easter was a bit different this year, we are proud to say it did not dampen the spirit within our home which was filled with joy and laughter, as always!



With love,  
**Nikki Leaney**  
Home Manager

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## We always love reading your comments on Facebook! Here are a few recent ones:

"Alderwood is so wonderful at helping people shine!" Nancy

"Amazing, you offer so much to your residents. I'm booking a place for myself when the time comes!" Victoria

"Every day at Alderwood is special but today was super special. Mum was so happy and definitely her usual regal self. Thank you." Alison

"A great idea and brilliantly executed as always by the team. xx" Claudine

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